I Can Brush My Teeth













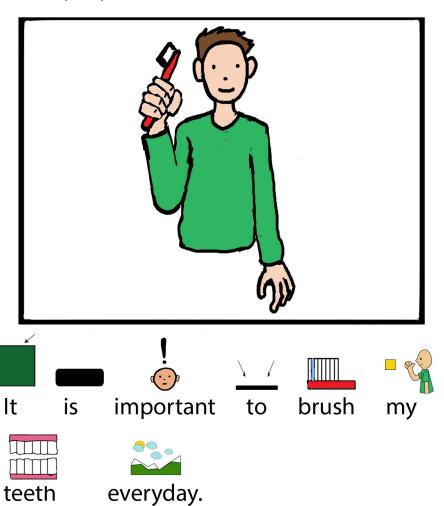
Can

Brush My

Teeth

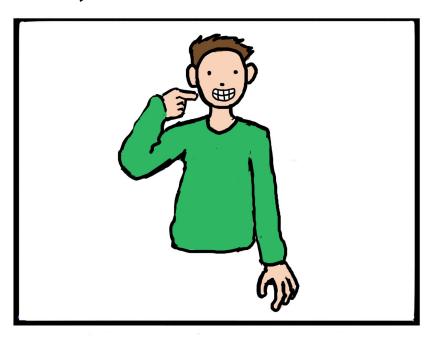


It is important to brush my teeth everyday.





Brushing my teeth keeps me healthy.







my





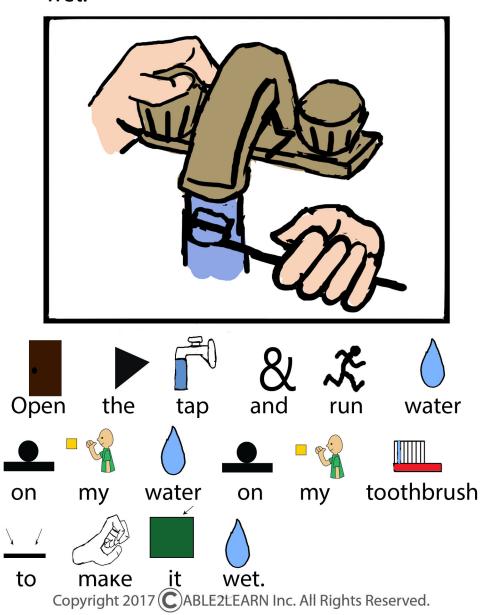




healthy.

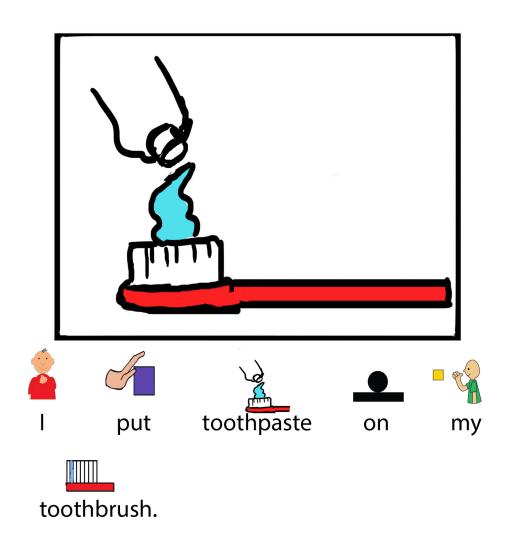


Open the tap and run water on my water on my toothbrush to make it wet.



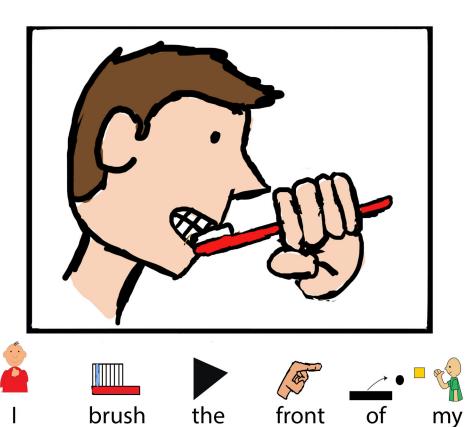


I put toothpaste on my toothbrush.





I brush the front of my teeth.

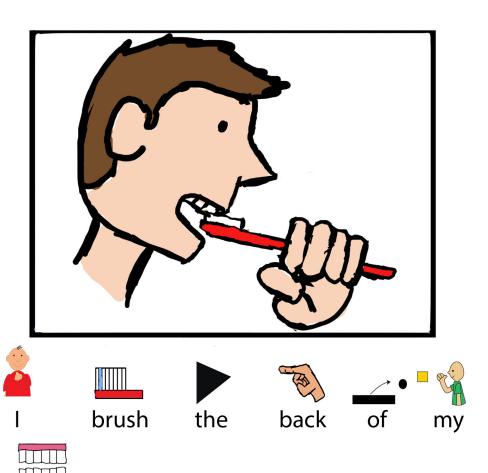




teeth.



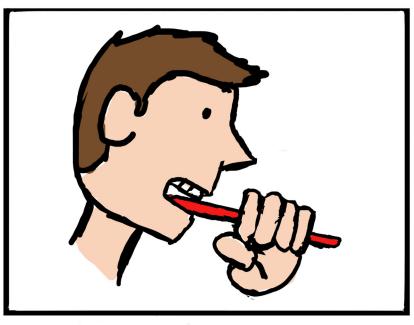
I brush the back of my teeth.

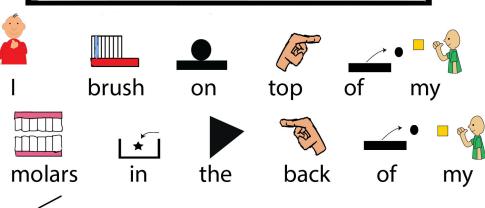


teeth.



I brush on top of my molars in the back of my mouth.

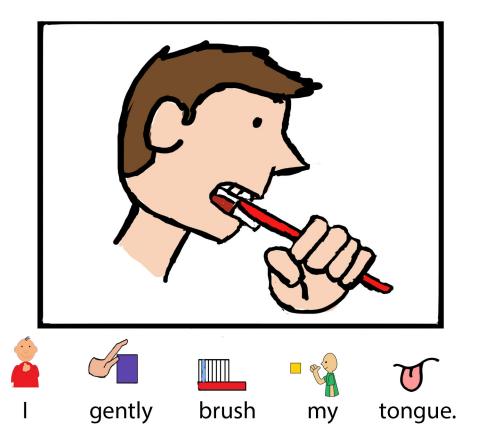




mouth.

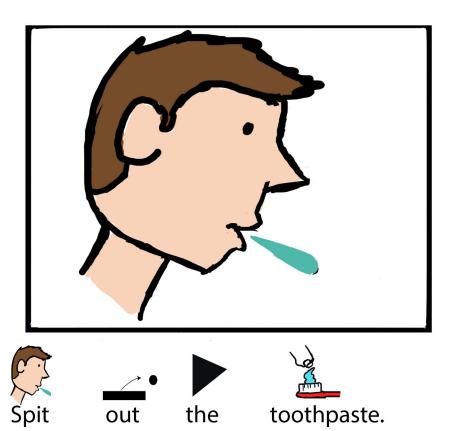


I gently brush my tongue.



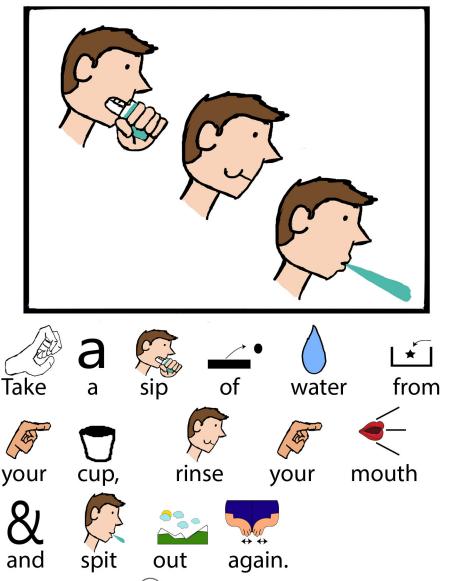


Spit out the toothpaste.





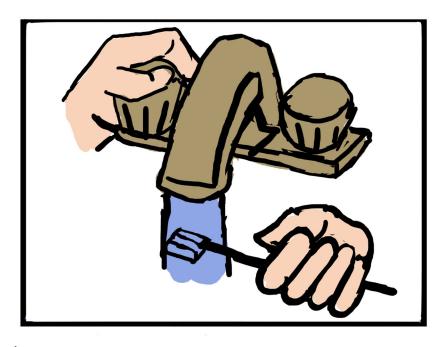
Take a sip of water from your cup, rinse your mouth and spit out again.



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Rinse your toothbrush.



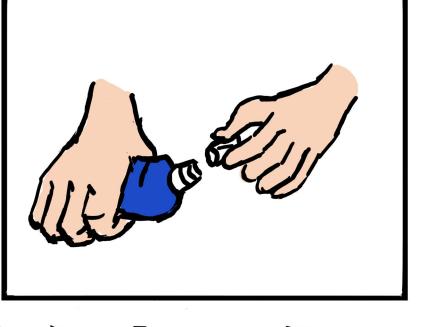








Put the cap on your toothbrush.















Put

the

cap

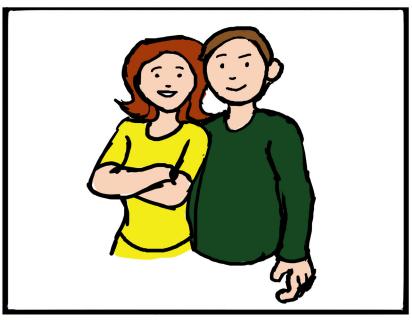
on

your

toothbrush.



Your parents are happy when you brush your teeth and are healthy.















Your

parents

are

happy

when

VOL



teeth

8



brush

your

teeth and

are

healthy.



Good Job!

